

ASK THE PROFESSIONALS

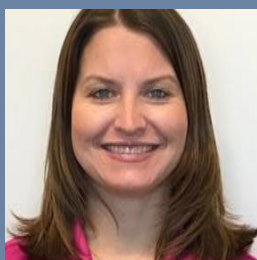
The Health-Wealth Connection



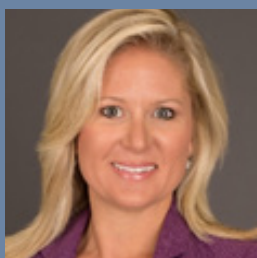
John J. Ceparano
CPA/PFS, M.Tax, CFP®
Wealth Manager
Modera Wealth Mgt.



Joseph E. Samuels
D.O.M.
Medical Director
Citrus Alternative
Medicine



Joanna Castle
Co-Sponsor
District VP
Citrus County YMCA



Amy Meek
Co-Sponsor
CEO
United Way of Citrus

WHEN



Wed., Sept. 26



10:00 a.m. to 12:00 p.m.

WHERE



**Citrus Memorial Health
Foundation YMCA**
4127 W. Norvell Bryant Hwy/CR
486 in Lecanto

No cost to attend. Reservations are required. Space is limited. Complimentary continental breakfast provided.

Money can be a major source of stress, and that stress can affect your overall health and well-being. Health and wealth can be a balancing act.

Prevention (proactive planning) can be a good way of keeping your health and wealth in harmony.

- Discover how financial planning may help reduce stress from financial issues.
- Explore how giving back and volunteering could create feelings of happiness and overall well-being.
- Learn the physical benefits from volunteer service and how being active and engaged could lead to increased happiness.

Join us as our panel of professionals share their tips for maintaining a health-wealth balance that you can try incorporating into your daily life.

This session is meant to be conversational. Please feel free to share and ask questions.

RESERVE YOUR SEAT TODAY!

Please RSVP to Echo Rooney:
EchoR@ModeraWealth.com
352.746.4460

This event is co-sponsored by:



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